



Godavari Foundation's

Dr. Ulhas Patil Homoeopathic Medical College and Hospital, Jalgaon Kh.

N.H. No. 6, Jalgaon-Bhusawal Road, Jalgaon (Kh.)-425 309, Jalgaon (M.S.)

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4.1.2: The institution has adequate facilities to support physical and recreational requirements of students and staff – sports, games (indoor, outdoor), gymnasium, auditorium, yoga centre, etc. and for cultural activities

A robust infrastructure supporting physical and recreational activities is vital for any educational institution to foster holistic development among its students and staff. Facilities catering to sports, games, fitness, and cultural activities not only promote physical well-being but also encourage social interaction, teamwork, and creativity. Let's explore various components that contribute to a well-rounded infrastructure:

1. Sports Facilities:

- Indoor Sports: Indoor sports facilities such as basketball courts, badminton courts, squash courts, and table tennis tables offer opportunities for students and staff to engage in physical activities irrespective of weather conditions.

- Outdoor Sports: Outdoor spaces equipped with facilities for sports like football, cricket, tennis, and athletics provide avenues for students to participate in competitive sports and recreational games.

2. Gymnasium:

- A well-equipped gymnasium with modern exercise machines, free weights, and dedicated spaces for cardio workouts and strength training supports the fitness goals of both students and staff.

- Trained instructors and personalized fitness programs can enhance the gymnasium experience, catering to individuals with varying fitness levels and objectives.

3. Auditorium:

- An auditorium serves as a multipurpose space for hosting various events such as seminars, workshops, cultural performances, and guest lectures.

- Equipped with state-of-the-art audiovisual technology and seating arrangements, the auditorium facilitates effective communication and engagement during academic and cultural gatherings.

4. Yoga Centre:

- A dedicated yoga center provides a serene environment for practicing yoga and meditation, promoting mental well-being and stress management among students and staff.



Dr. Dilip B. Patil
Principal

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- Qualified yoga instructors can offer guidance on different yoga practices and techniques tailored to individual needs and preferences.

5. Recreational Areas:

- Recreational areas with facilities like indoor games rooms, lounges, and green spaces encourage leisure activities, relaxation, and social interaction outside of academic commitments.
- Access to amenities such as pool tables, foosball tables, and comfortable seating arrangements enhances the overall campus experience.

6. Cultural Activities:

- Spaces for cultural activities such as theaters, music rooms, art studios, and dance studios support the creative pursuits of students interested in various art forms.
- Organizing cultural events, exhibitions, and performances fosters cultural exchange and appreciation within the campus community.

7. Maintenance and Safety:

- Regular maintenance of facilities is essential to ensure safety, functionality, and cleanliness.
- Adequate lighting, signage, and emergency protocols contribute to a secure environment for all users of the facilities.

In conclusion, an educational institution with adequate facilities for physical and recreational activities enriches the overall learning experience and contributes to the holistic development of its students and staff. By providing diverse opportunities for sports, fitness, cultural engagement, and relaxation, such facilities promote a healthy and vibrant campus community. Continuous investment in infrastructure and programming is essential to meet evolving needs and aspirations, fostering a dynamic and inclusive campus environment.



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